

# Coco-Lime Electrolyte Boost

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**Prep Time : 5 minutes**

**Servings : 01 Person**

## INGREDIENTS

- 1 cup of coconut water
- Pinch of sea salt
- Juice of half lime
- 1 teaspoon of honey (optional)
- Ice cubes (for serving)

## PROCEDURE

- Pour the coconut water into a glass.
- Add a pinch of sea salt to it.
- Then add fresh lime juice.
- For a slightly sweeter drink, add 1 teaspoon of honey.

